

Secrets of Stress-Free Grandparenting: Building Extraordinary Relationships

Our changing times require new approaches to grandparenting. Grandparents now find themselves doing everything from stabilizing families during divorce to filling the roles of “Mom” and “Dad.” This workshop will give you practical, easy-to-use skills and strategies that work effectively with grandchildren of all ages, even long distance. For each unique situation, learn to develop and nurture enjoyable, fulfilling relationships with your grandchildren. Help your grandchildren grow into conscientious, respectful, caring young people. Get ready to laugh, learn, and take the exhaustion out of grandparenting.

Through discussion, laughter, and group interaction we will address such topics as:

- How to leave a lasting, positive influence in your grandchildren’s lives
- How to apply the wisdom you have gained through all your years of experience while sidestepping power struggles with your children
- How to put an end to misbehaving in public
- How to stop begging, whining, and back talk
- How to avoid bedtime battles
- How to use the win-win approach to grandparenting
- How to be an involved long-distance grandparent
- How to avoid grandchild rivalry
- How to ensure peace and harmony within your family circle
- How to love grandchild visits as much as you love the grandchild

June Conley will offer this practical and entertaining course for grandparents. The Becoming a Love and Logic Parent® program was developed by Jim Fay, Charles Fay, Ph.D., and Foster W. Cline, M.D., of the Love and Logic Institute, Inc., in Golden, Colorado.

About the Facilitator:

JUNE CONLEY has over forty years of experience in child advocacy and parent education. As a parent and grandparent, school director, teacher, tutor, guardian ad litem, juvenile arbitrator, and lobbyist on school issues, she has worked to promote the understanding and protection of children in seven states. As director of an adult literacy program she recruited and trained volunteers to help children by increasing their parents’ literacy skills and parenting information. June has unique experience working with international students and adoptees, teaching them language and acculturation, and has trained and supervised childcare workers and au pairs. She delights in the company of her grandchildren and loves learning new ways to enrich that relationship.



Secrets of Stress-Free Grandparenting Classes:

Group workshops, individual sessions, and private coaching are available. To schedule classes for yourself, your group or an organization, please contact:

June Conley

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